

CAN A CHIROPRACTOR TREAT YOUR ARTHRITIS?

SAFETY
INTEGRITY
TRUST
FOCUS



IT'S WORTH A TRY **AT BURKE'S**

OVERVIEW

Chiropractors treat pain caused by a variety of injuries and ailments. An alarming number of arthritis patients are prescribed dangerous opioid medications to treat their pain. Many seek out alternative treatments to help ease their symptoms. This poses the question; is chiropractic a safe and effective treatment for arthritis pain? There is no one simple answer, and we'll explain why in this guide.



Treatment Vs. Cure

Before we go any further, it's important to mention that chiropractic does not permanently cure any form of arthritis. There is no permanent "cure" for arthritis. However, painful symptoms of arthritis can be relieved significantly. The safety and effectiveness of chiropractic depends on the type of arthritis in question.

Osteoarthritis

Chiropractic is one of the safest treatments you can use to relieve neck or back pain related to osteoarthritis. If you're having severe episodes of pain due to osteoarthritis, we recommend visiting a chiropractor. Spinal manipulations and other chiropractic techniques often produce results within 2-6 weeks for osteoarthritis patients.

Rheumatoid Arthritis, Psoriatic Arthritis, Ankylosing Spondylitis

Those suffering from inflammatory diseases such as rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis can still benefit from chiropractic, but they need to be cautious about it. If you have active swelling due to a flare up, it is strongly recommended that you stay away from chiropractic adjustments, as it could be dangerous. When you aren't experiencing active swelling, gentle spinal manipulation could be an effective treatment for your pain. Patients with osteoporosis should avoid chiropractic all together.

It's Worth a Try

If you experience neck or back pain caused by arthritis, visit a reliable licensed chiropractor. During your first visit, your chiropractor should obtain your detailed medical history and perform a full physical exam to determine what chiropractic techniques may help you. If you're looking for chiropractic treatment near Dearborn Heights, MI contact Burke Chiropractic today. It's our passion to help people get back to living their lives without chronic pain.